

Driving Change

An impaired driving intervention programme to reduce the risk of re-offending for those with repeat impaired driving convictions

Elements of the Programme:

- » Education about alcohol, other drugs and impaired driving
- » Utilising strength and motivational interviewing techniques
- » Supportive and non-judgmental group environment

"It has made me aware of the impact it has on myself and others"

"I learned more about myself"

"All in all, it's a great course, fun, interesting and very helpful"

"It made me realise drink driving is not worth the risk"

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98-100 Greers Road, Burnside



Information for Clients:

- » 11-session programme, based on education, raising awareness and encouraging attitude and behaviour change. Includes a range of activities including video clips and guest speakers.
- » You will have an assessment with one of the facilitators before starting the group, who will explain the purpose of the group in more detail and will gather some information about your history.
- » There will be a post programme review at the last session to understand if further support is required.

Information for Referrers:

We are a programme aimed at reducing recidivist impaired driving for clients with two or more impaired driving convictions (excess breath alcohol and/or drug driving).

- » We provide an evidence based programme to support participants to better manage their driving habits and reduce re-offending in this area.
- » Participant consent for the referral is required.
- » We maintain contact with the referrer and provide a post programme report on completion.

You can self refer or a referral can be made via Probation Services. Referral forms are available from our staff or our website and are to be completed in full and emailed to adas@odysseychch.org.nz.

