



PARENT GROUP

For parents and caregivers with teenagers who are experiencing any challenges with mental health and/or alcohol and other drug treatment.

We will work through strategies, share ideas and walk alongside you.

WHEN:

Every Monday from
06th May - 24th June at:
6:00pm - 8:00pm

WHERE:

**98 Greers Road,
Burnside, Christchurch**
Light refreshments provided.

BENEFITS:

- Together we provide facilitated and peer supported dialogue.
- Meet new people.
- Gain and share experiences and knowledge.
- Be a part of a supportive group.

CONTACT:

Amanda Murray:
amanda.m@odysseychch.org.nz
021 469 427

