

Methamphetamine Help Team

Referral process

A referral can be either self or made from other agencies or sources

Services offered:

We are available for anyone who is experiencing a problem related to methamphetamine - those that use and those who have concerns regarding someone else's use. Service users are assigned their own Counsellor and can be supported at any stage of their journey.

Contact

To self-refer, please contact the Meth Help Team on 0800 METH HELP (0800 638 443)

Website: www.odysseychch.org.nz/meth-help

Ashburton Community Alcohol & Drug Service

Referral Process

A referral can be either self or made from other organisations

Services offered:

One on one face to face and phone support is available for both adults and young people concerned about someone else's alcohol or drug use. When you call or come into the service we'll talk through your worries and concerns and offer you some strategies to deal with those concerns. We can help you find ways to help the person you are concerned about.

Contact

Phone: (03) 308 1270

Address: Ground Floor, Nurses' Hostel Building
Ashburton Hospital, Elizabeth Street,
Ashburton, Canterbury 7700

Website: www.acads.co.nz/

For all referrals from either self or agency, for a person experiencing alcohol and other drug difficulties, please contact:

Christchurch Central Coordination Service (CCS)

Phone: 03 338 4437

Email: chchaod@odysseychch.org.nz

Website: www.odysseychch.org.nz/chch-central-service

Address: Level 1, 55-59 Ferry Road,
Christchurch Central 8011

Christchurch Central Service is the access point for all Canterbury Alcohol and Other Drug services as listed below.

Other Christchurch Alcohol and Other Drug services:

The Canterbury Alcohol & Drug services listed below are available for those who have a substance dependence. Access is through Christchurch Central Service (CCS) as above. These services have whanau and loved one support as options when the person with the addiction has engaged with the service.



Te Ope Whakaora



Canterbury

District Health Board

Te Poari Hauora o Waitaha

HE WAKA TAPU

Me mahi tahi tātou mo te oranga o te whānau



Supports for Whanau/Family of people with Alcohol or Drug Concerns

Support for whanau and friends of anyone suffering from a substance dependence or behavioural addiction

There is no requirement to have a loved one engaged with any of the services listed here before seeking support.

Inside are open support groups and other support options for Whanau/Families

Promoting recovery through our community

03 338 4437

chchaod@odysseychch.org.nz

www.odysseychch.org.nz/chch-central-service

The Familial Trust

Referral Process:

A referral can be either self or made from other agencies or sources

- Services and support available to any person who is affected by a loved ones addictions.
- Age: 5 years and above
- Non time limited

Services offered:

- One to one face to face counselling, support and information provision
- Couples counselling/support
- Advocacy
- Family group counselling/support
- Full structured family interventions
- Intensive adult outpatient programmes (18+)
- Phone support/Information
- Skype Internet support/counselling
- Children and young persons groups & programmes
 - Weekly Wednesday night group for 5-13 to year olds closed group for each school term
 - STAR Holiday programme for those aged 5-12
 - Discovery Programme for teenagers

Aftercare: Ongoing by negotiation with client/whanau

Contact

Phone: 03 9811-093

Email: info@familialtrust.org

Website: www.familialtrust.org

Address: 6 Wilsons Road South, Christchurch 8022

He Waka Tapu

Referral Process:

A referral can be either self or made from other agencies or sources

Services offered:

- Services and support available to any person who is affected by a loved ones addictions.
- Age: 18 years and above
- Non time limited

Our services are predominately 18+ however we do we work with all of whānau and can navigate out to appropriate services where applicable.

Contact

Free Phone: 0800 HE WAKA (43 9252)

Phone: 03 373 8150

Website: www.hewakatapu.org.nz

Address: 161 Pages Road, Christchurch 8061

Central Coordination Service

Referral Process:

A referral can be either self or made from other organisations

Services offered:

- Be Smart - Self-management and recovery training for family and friends. 7 educational sessions held
 - Monday 6-7.30 pm at CCS. Open Group
- Family Days at CCS - arranged several times a year
- Ages catered for: 18+

Referral Process: A referral can be either self or made from other agencies or sources

Contact

Phone: 03 338 4437

Email: chchaod@odysseychch.org.nz

Website: www.odysseychch.org.nz/chch-central-service

Address: Level 1, 55-59 Ferry Road,
Christchurch Central 8011

The Salvation Army Bridge Programme Christchurch

Referral Process:

A referral can be either self or made from other agencies or sources

Services offered:

The open Methamphetamine Support Group the first Tuesday of every month from 5.30-7pm for anyone affected by someone else's use of methamphetamine. Age 18+. This is open, anonymous, and no registration is necessary.

Contact

Phone: (03) 338-4436

Email: christchurch.bridge@salvationarmy.org.nz

Website: www.salvationarmy.org.nz

Address: 35 Collins Street, Addington,
Christchurch 8024

MHAPS

Referral Process:

A referral can be either self or made from other agencies or sources

You can phone MHAPS for advice or information during office hours (9am to 4:30pm, Monday to Friday), or call in person between 10am and 1:30pm, Monday to Friday. We will listen compassionately, and can advise in general terms about your situation. We can also receive information you wish us to know about your significant other.

The age group we work with is 17 years and above.

Contact

Phone: (03) 365-9479

Email: reception@mhaps.org.nz

Website: www.mentalhealthadvocacypeersupport.org

Address: 357 Madras Street (Beside The Heart Foundation), Christchurch, Canterbury 8013